

**‘Open my eyes,
that I may behold
wondrous things’**

(Ps 119:18)

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**‘No wonder of it: sheer plod makes plough down sillion
Shine, and blue-bleak embers, ah my dear,
Fall, gall themselves, and gash gold-vermilion.’**

(*The Windhover*, Gerard Manley Hopkins)

‘Hopkins invites us to a contemplative seeing of earth and our place in it, a seeing with our feet on the ground and a ‘faith with eyes wide open.’ *The Windhover* invites us to seeing and hearing with the whole self. With the little kestrel, we are inserted into the noble passion of creation that mimes variously the Creator’s own passion in Christ.’

-Jo O'Donovan rsm



Kestrel (Windhover)

**‘Contemplative Seeing ~ The Opening of Eyes – from
Sight to Insight There is nothing else we have to do
right now – other than to fall into deeper and deeper
stillness. *Visio Divina* – Allowing God to speak to
speak to you through images.’**

-Valda Dickinson rsm



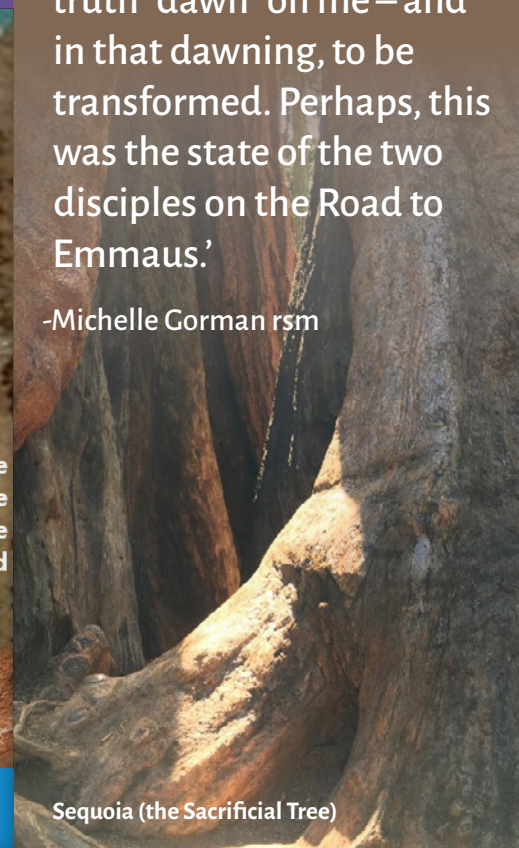
‘Looking through the eyes of love: Embrace with Mercy and Hope’, by Ma. Victoria Pederanga

**‘It is a gift to see beyond the first level of sight, to
see beyond appearances into the heart of what is
perceived. Contemplative seeing does that. It leads us
beyond the surface into meaning. It moves us into the
revelatory moment of sight. It is the experience of living
sacramentality.’**

-Mary Katherine Doyle rsm

**‘Contemplative seeing is
the willingness to sit in
the dark and let the truth
reveal itself to my inner
and outer eyes without
my need to control the
outcome – to let the
truth “dawn” on me – and
in that dawning, to be
transformed. Perhaps, this
was the state of the two
disciples on the Road to
Emmaus.’**

-Michelle Gorman rsm



Sequoia (the Sacrificial Tree)

**‘If we were to create a
word cloud to describe
contemplation, it would
include the words seeing,
eyes, heart, stillness, silence,
presence, listening, openness.’**

-Elizabeth Davis rsm



**‘This time of “pause” is an
invitation from God to
look at our lives, to see and
believe that what matters
most is to trust fully in God’s
divine providence.’**

-Maria Teresa Retana rsm



CONTEMPLATIVE SEEING

Voices, Quotes and Images from Theme 1, Segment 4: Integrated
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