



“A poet’s life is an experiment in living.”

- WB Yeats

The Healing Power of Poetry

A three-part series led by
Úna Agnew SSL PhD
hosted by Drumalis via Zoom

Taking place over three Thursday mornings
from 10:30 am – 12:00 noon
on 20 & 27 May and 3 June 2021



The poets Patrick Kavanagh and Seamus Heaney were tested by the circumstances in which they found themselves. Poetry gave them a purpose in life. Can we learn something from them during this time of pandemic?

These sessions look at some of the ways in which poetry offers an alternative mind-set to experiences of social unrest, self-questioning, isolation, failure, and personal loss and gifts us instead with moments of perspective, meaning, transcendence and spiritual healing.

Úna Agnew SSL PhD has written on various aspects of Spirituality. She is the author of ‘The Mystical Imagination of Patrick Kavanagh’ (1998; 2019), editor of ‘With Wisdom Seeking God’ (2008) and co-narrator of the triple-CD, ‘Loves Doorway to Life: Alternative Biography of Patrick Kavanagh’, an audio production by Éist, 2017.

The suggested donation to attend this three-part series is £30 per person.

If you would like to book a place, please email drumalis@btconnect.com

We welcome credit and debit card donations during office hours

– tel 028 28272196/ 28276455 (Mon-Fri, 9 am-5 pm).

Donations can also be made by bank transfer - bank details are:

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