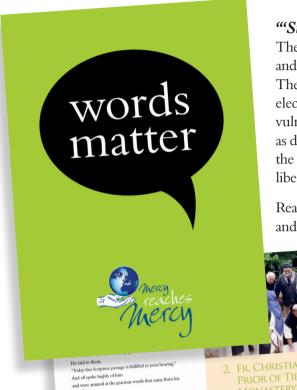
Words Matter



"Sticks and stones may break my bones, but words will never hurt me."

The old saying is well known, but also untrue. Words can hurt. They can startle and wound us personally, but also in more public ways. Words matter.

The narcissistic charismatic speaker, the lies printed on the side of a bus during an election campaign, the skilful caressing of prejudices that reinforce the fears of the vulnerable, the spreading of fake news, whether about something outrageous or as deceitful gossip, can all do severe damage. But then, on the other hand, finding the right word, 'le mot juste', can do so much good. Finding the right word can be liberating and bring healing" (From the **Foreword** to *Words Matter*).

Read this booklet. Reflect on and discuss the quotations and questions posed, and embrace the never-ending challenge of trying to find "the right word" to call

out injustice or correct an error, to affirm or encourage another person, to heal a broken heart or mend a broken relationship, to offer a word of consolation to someone who has lost a loved one, or to say "I love you" to a friend, spouse, or a brother or sister.

What we say, how we speak to one another matters.

PRIOR OF TIBHIRINE MONASTERY, ALGERIA

Words Matter is a booklet for our times!

Copies cost \$1, £1 or €1 each, plus postage

Discount negotiated for bulk orders

To place your order, please contact: Sister Deirdre Mullan - Deirdremullanun@aol.com Please provide your exact postal address.

Reflections and Actions: How have you tried to free those who are oppre

your circle of influence?



t elad tidings do you bring to those with whom you

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