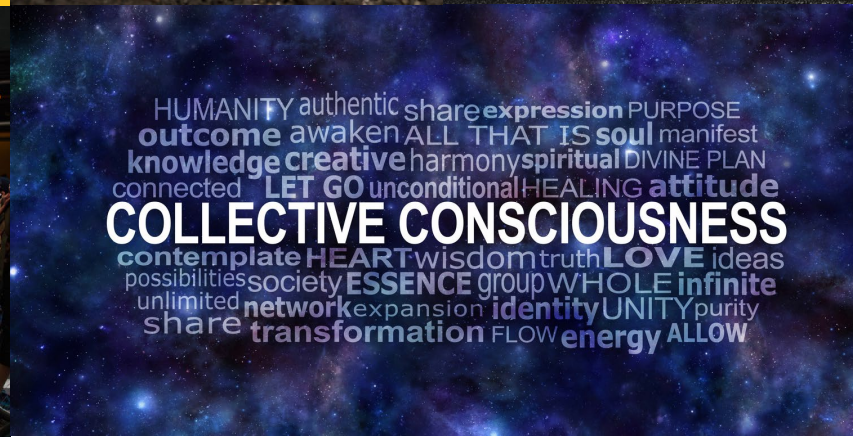




Cultivating Consciousness:

Are You Complicit or a Coconspirator?





Becoming Anti Racist

Complicity

Complicity is the state of being an accomplice, partnership or involvement of wrongdoing. This includes silence.

Coconspirator

The act of conspiring together. Associates are equally responsible for executing the plan. It is not an ally.



One Experience

On a major airline in the United States



Passenger B

Changed seat at gate 20 minutes prior to flight

Passenger A

Selected seat 3 months prior to flight





Equality

Equality is when a group of people are given the same resources or opportunity.



Equity

Equity allocates exact resources needed to achieve equal outcomes.

A photograph of a city street scene. In the foreground, several people are walking away from the camera, their figures silhouetted against the bright light. The street is lined with tall, bare trees, their branches reaching up towards the sky. In the background, a tall, modern building with a glass facade is visible. The sun is shining brightly from the top center of the frame, creating a strong lens flare and illuminating the scene. The overall atmosphere is one of a bright, clear day in an urban setting.

Collective Consciousness



Spiritual Practice

"We must strive to do ordinary things extraordinarily well."
~Catherine McAuley

Ideas...

Music
Journaling
Spend time outdoors
Be creative



Becoming Anti-Racist

is a spiritual practice...

Practice

A spiritual practice is a discipline of regular actions or activities performed to cultivate spiritual development or create spiritual experiences.

Pray/ Meditate

Use your preferred method of prayer to center yourself. Ask God for patience, greater understanding, the ability to listen, vulnerability, open mindedness and discernment.

Engage

Find your passion and get involved with a community working toward a more just world through advocacy, planning or supporting efforts. Use the gifts you have to become anti-racist.

Become

Becoming anti-racist is ongoing forever work.

Becoming ...





Questions?

Let's talk about it...